

**North Cumbria GP Training Programme – Westlakes
Regional Teaching Programme: January – March 2020**

Dates	STREAM ONE	POP UP	STREAM TWO
15 th January 2020	Exercise and Health Dr Emma Pimlott		Exercise and Health Dr Emma Pimlott
22 nd January 2020	Palliative Care Dr Helen Rowe		Diabetic Emergencies Dr Chandi Idampitya
29 th January 2020	Consulting with Teenagers Dr Heather Naylor		Palliative Care Dr Jocelyn Aitken
5 th February 2020	What is the LMC? Lancashire & Cumbria LMC	Trust Induction	What is the LMC? Lancashire & Cumbria LMC
12 th February 2020	CCG - PLT		CCG - PLT
19 th February 2020	Half Term	Half Term	Half Term
26 th February 2020	Reflection and the e-Portfolio Dr Kirsti Harnor		Reflection and the e-Portfolio Dr Kirsti Harnor

Dates	STREAM ONE	POP UP	STREAM TWO
4 th March 2020	Radiology and the GP Dr Jon Berry		Radiology and the GP Dr Jon Berry
11 th March 2020	Sports Medicine Dr Catriona Boyle		Sports Medicine Dr Catriona Boyle
18 th March 2020	Physiotherapy and the GP NCIC Physiotherapy team		Physiotherapy and the GP NCIC Physiotherapy team
25 th March 2020	Stats for the AKT Dr Seamus O'Mahoney		Management of Knee and Ankle Injuries Prof. Stuart Maitland-Knibb